

**Though I walk through the valley of VA Death, I  
shall not Fear. Fear is the Mind Killer.**

**~OR~**

**VA MHC uses drugs and torture to murder  
veterans.**

**To make America great again.**

***Suicide is not cowardly; COWARDLY is a disgraceful American nation, its people and Nazi institutions like VA that abuse, mistreat, and betray veterans so badly that s/he chooses to escape the pain by ending their life. 100 US veterans successfully suicide every day protesting their maltreatment by VA and USA Socialist society written in veteran blood. Only America and VA can sink so low in sewer filth profiteering from veteran suffering and suicide.***

***I understand first hand and up close why US Veterans undergoing VA MHC treatments are killing selves on and off VA campuses. VA ‘therapists’ are drugging & mentally terrorizing them into suicidal psychosis then turning him or her loose to self-murder! Dead vets cannot talk. Here is my recent experience in a VA North Texas Healthcare clinic in Ft. Worth Texas that I can only sum up as a first degree ‘Mind-Fuck.’ Yes, ‘Mind-Fuck’ is a legitimate but vulgar term; however, it so eloquently describes my experience in toto! However, if offended, substitute ‘Mind Rape’ PC sissy language in its place.***

A recent visit to a local North Texas Healthcare VA clinic taught me why the Vet in 2019 walked out of VA MHC treatment and ***immediately*** suicided on the campus parking lot! Followed by another parking lot suicide immediately after release from a MHC ward that shut down VA Dallas Regional hospital. Days later, another Vet **after his appointment** self-murdered in a Texas VA clinic waiting room, about which, in all instances, VA refuses to release details. Here is why. ***VA ‘therapists’ are purposely murdering veterans by drugging & mentally terrorizing them into induced suicide using a POW mental torture developed during Korean war.*** I underwent that torture and lived to write the story! Two PCP, PACT nurses baited me about a device VA offered that might help control severe hypertension that is medically untreatable, by VA quacks anyway, which I suffer caused by severe anxiety, depression, pain, PTSD and more since in service

diagnosis and treatment began in 1975. However, VA vehemently denied these issues over 40 years ago after discharge, and still does for C&P benefits but insisted upon mistreating me in its 'VA hell-care' outpatient facilities to bill my private health insurance. SHOCK, SHOCK? Veterans pay for their healthcare and medicines same as we do in the private sector. Notwithstanding those who game the system, only a very few veterans receive 'free' healthcare or 100% disability awards. These are not free, they sacrificed dearly for what little this country provides to them. Anyway, in order to get the thing, the PACT nurses said that I had to go through MHC to do so. Now I have resisted all attempts at going back into that asylum; VA claims to have a wrench to fit every loose 'nut' however, in reality I wasted precious energy and time telling the same story to different clueless bureaucrats who could not treat or handle it. **Serving no other purpose than keeping them employed.** Useless eaters who do more harm than anything else. I agreed **only** to interview about a device. However, once there for the appointment everything changed. Where have I seen this before? After signing the bottom line in a military enlistment contract: until I signed no victim, no crime – afterwards, I was victim when everything changed **exclusive only to the military's benefit.** The appointment was FUBAR & SNAFU extraordinaire!! At the appointment, first change was a doctor switch; to an untrained, incompetent, fresh out of school, sleep disorder specialist, PhD psychologist very full of herself: **psychologists are not real doctors just ask their mothers.** Mother's say, 'My daughter the *psychiatrist*! not 'psychologist.' She was clueless about the device and reason why I was there. Typical VA SNAFU. 'I came here to discuss the device only,' said I. She got up and left the room – someone was coaching her from behind the scene; upon returning unable issue the device she asked, 'what should I do now?' [As the doctor, she should know! This is her party. The indecisive woman asked me that more than once. [Ms PhD, please go home your village is missing an idiot.] 'Send me home,' I replied. Nope, she ignored my philistine suggestion and began asking other questions about my chronic anxiety in a bait and switch deception claiming them necessary to obtain the device that she could not issue. This was forced therapy with a hidden agenda! Thus began her mental torture session using psychological abuse. Note: The American Psychiatric Association and similar US institutions are making a serious crackdown on abusive therapists. The criminal practices are giving the industry a bad reputation that only adds to what prescription abuse of dangerous drugs are doing to it. **Anyone who undergoes this abuse is highly encouraged to report it!** Even if you do it anonymously, it may save someone's sanity or life. **Just remember, it is because the people who went before you did not report the MHC monster now terrorizing you as the reason s/he remains in practice now doing it to you or a loved one. The life you save may be your spouse's, children's, parent's or you. By removing these dangerous sadists from practice that decreases those odds, and keep a paper trail – blue ink, handwritten on paper.** Seeking MHC help in

America **especially at VA** is very risky and dangerous to ones health and well being. Continuing, immediately, in that hostile-toxic environment I felt provoked and intimidated. She had to call someone and ask how to make a referral to the person who actually issues these devices! Then printed off and gave me hard copy of device manufacturer's sales literature. The very expensive 'witchy-woo-woo' type of device is an unproven prototype that VA sent back to manufacturer for more testing and proof that it works. However, I have private health insurance that would pay VA ***cost plus*** reimbursement so of course they will sell snake oil medicine for markup profits. I felt so alarmed and threatened that every time this loose cannon left the room; automatically, I immediately exited behind her into a hallway in proximity to the main lobby exit door. That hypervigilism is a high anxiety, auto-defense, and escape measure for me: I always look for exits from threatening situations, which engages automatically when under duress. ***I was under extreme threat! That response also is symptom of severe anxiety or PTSD.*** It is still unclear why I did not straight away leave that hostile situation. ***Up until then I still believed vaguely that VA existed to help veterans. Now I know it exists only to exploit and murder us for fun and profits.*** Consequently, a revelation that came out at the end of this useless, disastrous 'therapy' session is that I underwent forced 'Mental Health 'Care-less'' hell for what the PCP should have done had PACT nurse 'D' referred me to him instead of her sneaky plan retaliating for my outspoken insubordination, *which she misunderstood!* Moreover, Ms. PhD said it was only a 30-minute interview but kept adding overtime extensions until meeting her agenda over an hour later. Essentially she badgered me for the same questions other MHC 'providers' had already asked in earlier screenings and I gave her the same answers in another round of tell me the story, again, in a game of ***'how many different ways do you want me to tell you the same story, Binky?'*** ***The whole engagement was to push me into a violent, knee jerk reaction and get walked and banned from returning for help and/or suicide. Any of these would be my fault for the veteran is always at fault in their kangaroo judicial system. I am not proud of my military service and do not tell 'War Stories' or wish to remember it; when asked about those years I either change the subject, remain silent & walk away or simply say I did my time and got out.*** What these people do not understand is that each time I retell my story to the same or different person who cannot comprehend, I relive the trauma. Then spend weeks getting over it in a brown airy depression or worse a black one. I am extremely anxious, have an impending sense of doom and pathos, have more night terrors, cannot sleep, suicidal ideations, and am more susceptible to an actual suicide attempt until this passes! ***The therapist sleeps fine, but I do not! If any of you civilian cupcakes underwent what military forced we vets to experience, witness, do, know, if you knew what we/I did, none would sleep or want to get out of bed either!! If just one of those things gets loose, you can kiss humanity and all life on the planet surface goodbye for***

*the next 1 million years. That is how long it will take for earth evolution to evolve back to this era - estimated. The surface conflicts only to distract and cover up the real smoldering, doomsday wars going on between the psycho's ruling this planet.*

After a very vague disclaimer that *she* 'might' be recorded for quality purposes and other vague CYA verbiage, I assume was for patient consent to being video or audio recorded without my knowledge, which was not *my* consent, and **she would report to outside authorities a list of issues should I reveal any of them**, she launched into a verbal questionnaire.

- As an aside, veterans being too truthful with VA or its agents will get you into a lot of trouble. **It wishes to wash its hands of you and offload all liability and looks for any reason to do so!** *The agency uses many dirty tricks to do that. If you mention a 'gun' automatically VA flags you as an armed and dangerous public safety issue. Guess what happens next. **The last thing someone on the edge, seeking help needs is a keystone cop Swat Team swarming and storming their house like a terrorist nest in Beirut. VA willful stupidity does so much unnecessary deadly harm to US veterans in what amounts to Veterans Affairs clearing out an ant infestation with a bulldozer erasing liability for its criminal actions. In other words it is all your fault veterans! Beware these evil Nazi bastards; they will harm you.***

I requested a paper copy of the questions from Ms. PhD. She provided only a part of what she claimed was it before verbally resuming her agenda. I had already filled out that same questionnaire in a similar screening a year earlier while under a MHC caseworker acting as a therapist. When I could not or would not answer her questions, she forcefully harassed and badgered me for them, – especially for questions that I did not have a hard copy of – hmmm wonder what she is hiding. **I have no idea what she actually fed as my answers into the VA system: my answers or her lies?** Get used to that if you deal with Nazi VA. My fight or flight and danger alert meters were on full defenses and more. Anxiety levels were, too! Blood pressures were off scale. **I was under attack in a surprise, hostile VA MHC therapy session.** There is the VA caused vet suicide epidemic, folks. 'You seem tense,' she sneered. 'That is anxiety,' said I, 'and hopelessness is typical to depression.' 'I know that,' she snapped! *If she knew that why mention my tenseness?!* She talked so fast I could not track the conversation especially when muffled through a Covid mask. That was irksome alone. I requested Dr. slow down rate of speech at least twice. However, *instead she sped up her rapid-fire interrogation.* Moreover, the fearful doctor was overly prickly about how I wore my Covid facemask. In one instance, I refused to answer a skewed question because half was yes and half was no. 'I cannot answer that,' said I. She then re-framed it many different ways and beleaguered me into finally saying, 'NO!'

Meaning I will not answer it. [The information is in VA records and if not then someone is not doing, her job or the ‘therapist’ was too lazy to look it up.] She cut to the chase about suicide ideation and attempts. This PhD is a sleep therapist and unqualified to screen me for anxiety and suicide! She did not recognize any of the other conditions that I clearly exhibited written later in this dispatch!!! She went on, how many attempts? I don’t know. [They are not keepsakes like birthdays or anniversaries. Each attempt is an impulsive decision when the thread holding me together snaps, especially if drugged! Most suicide attempts are not a planned event like Bar Mitzvah!] So she pressed, ‘when was the last attempt?’ My reply, ‘Last year around August...’ [It was the same report previously given along with the first VA suicide chat line ‘hold please to VA, Mrs. H.’ If that person did her job, it is already in their records.] ‘Any other attempts?’ she queried? ‘You tell me,’ doctor. Recently during the US race riots, a drive by mugger attempted to rob me while walking alone on a city street. He pulled up and screamed, “give me your money or I will shoot you!” The young fool did this twice because I did not fearfully respond to him as expected. I am fed up with punks and will bite a bullet before taking anymore bullying from anyone. Suicide is also a death wish, go ahead put me out of my misery and ruin your young life, fool! I just stood still looking at this moron on his first try. He pulled up about 25 feet and did it again. On the second attempt I stormed up to the open car window, leaned in and screamed at him verbatim, “SHOOT ME, ASSHOLE! RIGHT BETWEEN THE EYES, DO NOT MISS, ASSHOLE! WHAT IS THE PROBLEM, ASSHOLE? SHOOT ME! DO IT, ASSHOLE!!” Now I was prepared to self-defend ***but gave him a clear and open advantage to take me out first in suicide by mugger.*** He was 40 plus years my junior, faster with the first, clear, open shot with his hand on something under a cover over the center console between passenger and driver seats. My weapon was buried deeply in a pocket with a long way to go in getting to it, and my hand and finger were busy pointing between my eyes. As an old man, I carry a weapon when walking alone in this neighborhood. The druggies like to target vulnerable, old people. I may be crazy but not that crazy and intend to take a piece of them with me if challenged. Like an old Wild West standoff, with both opponents armed with same intent, but the one who draws first, fires and kills wins. ***I gave him the advantage to kill me first in a death by mugger shooting; like death by cop when one holds an empty gun or toy that looks real while provoking a cop into defensively shooting and killing me first.*** Perhaps that lies behind the police shootings of ‘unarmed’ people in *claimed* ‘unprovoked’ incidents used to achieve another socialist agenda while masking it as ‘racial, police intolerance?’ Anyway, a cop does not deserve the guilt of living with murder but a punk, fool–mugger does!” My unexpected response scared and confused the fool-mugger so badly, instead of shooting me; the young man sped off and at street intersection, first he drove straight, then backed up, turned left, then backed up and sped across three lanes of traffic to the right before



disappearing. I bet that young fathead does not pull such a stunt again. *I did not wish to hurt him; but hoped to teach a lesson or that he would take me out in a TKO exit from this hell; a fool-mugger deserves to live with murder and to learn his lesson playing the nightly prison bitch rotting away in Huntsville. Suicide is a death wish. For veterans like me, without the proper care we need suicide is not an if but when one is finally successful.* Any means justifies the ends, period. That is a death wish. Lady Death again was there at the drive by mugging but refused to take me. *However, the fine, incompetent, combatitive, PhD doctor's willful misperception of that second suicide attempt was to reframe it as 'self-defense.'* *A clear case of her purposeful blind-denial in not consciously recognizing a suicidal patient!! Another example of what VA does not wish to see - does not exist. That is denial! I asked her what sane person would provoke and dare a mugger to shoot him as self-defense?! She cluelessly stared at me like I was growing tulips out of my head. I have seen that same stupid expression on faces of VA personnel far too many times to mention.* Rest of the visit only got worse but with agenda filled, Ms. PhD at the Ft. Worth TX, VAMC on 820 NE 820 dismissed me proper. I fired VA after that and never returned, which is what the firm wanted all along. North Texas VAMC is rated only 1 star out of 5 or just 20% because the grading system does not go any lower. Just the thought of doing so causes extreme anxiety. *There is creation and perpetuation of the VA caused US veteran suicide epidemic!* Now I understand why Vets are killing selves while under VA MH - 'HELLCARE.' *VA personnel are mentally torturing troubled & drugged patients into suicide! That is psychological terror and warfare!! A US government agency, VA, is doing that to murder our US Veterans!* I expect the aforementioned men who suicided on VA campus after release from a VA MHC ward were on psychotic meds, which pushed him into hysteric, high-anxiety desperation to end it all, and he did so at first opportunity, in the VA parking lot while more vets did so days later in a VA clinic waiting room and/or parking lot! VA has come under severe condemnation in its criminally abusive, haphazard & negligent prescription drug prescribing practices. For instance the recent opioid scandal and Clarksburg W. Va., VA hospital murders by a VA staff nurse administering drug overdoses that mass murdered 7-21 or more unsuspecting vets confined in their hospital beds. I know of those VA prescribed SSRI and other psychotic meds very well!! **They are high anxiety, creepy experiences like brain worms in the head!** And recently I underwent a crazy making session with someone who in all probability was just like or worse than the VA staff that mind-fucked those dead Vets in the MHC wards and clinics across the nation. These fools do not understand that suicide is an impulsive act or maybe they very well do when murdering veterans. What ever tool that is expedient to do so, gets used! Currently US socialists are making it a gun control issue not the real reasons of incompetent and criminal government actions. *The method is moot!* *One uses whatever tool is handy to end their pain!* VA is at fault - not the methods

or tools used to end it all! **The aforewritten is epitome as reason not to contact VA for help! It punishes one for doing so using untrained, incompetent staff that harms via crazy-making, mental terrorism and dangerous drugs.**

Furthermore, mind-fucking someone already troubled and on psychotic meds drives s/he so insane as not to know what the person is doing or why. Sometimes they kill others too - ref Fort Hood TX shooting for example. **Sad part about that is the soldier gets scapegoated and the problem continues to kill!** The person only wishes to end the hurting! VA pushes a troubled person from ideation into self-destructive attempts that all too often are successful then blames their victim.

Below are the questions PhD Lee never asked or allowed me a chance to ask during her Holy Inquisition interrogation. She sought to close me off from asking her for help entirely. I was not given a chance. From the very start that entire exchange was hostile and combative and mostly one sided, Lee's! The whole point of the 10/20/2020 affair was to terrorize a troubled patient into self-murder and/or into never returning to VA. *This is what happens to veterans when they seek MHC at VA and suicide after being abused into doing so.* VA then claims we do not ask for help, which is more spun lies covering up their crimes.

1. Why am I suicidal all the time? Why do I keep trying without success?
2. Why cannot I sleep, am angry and impatient all the time?
3. Why constant pain, the night terrors of being buried alive and/or drowning
4. Why when I see a nuclear mushroom cloud it chills me to the bone. I don't own or watch a TV or movies at all for fear of being surprised by war & nuclear wars.
5. Can you explain this painful rash that comes and goes, that began during active duty after toxic exposures to bio, chemical and nuclear weapons that VA denies is not from that but cannot otherwise explain?
6. Why am I constantly anxious, depressed and have a sense pathos & doom?
7. Why is it I don't fear but invite & welcome death and constantly idealize it?
8. Why is it I have constant self-destructive, death wish to end it all and attempt to do so!
9. Why does this body rash never heal? Why does it erupt and spread then calm down? It began in USAF after a nuclear 'broken arrow' accident, dioxin, benzene, and other chemical, nuclear weapons exposures, and in that knowing that I was being forced to mass murder innocent people and babies, supporting insane people who held the fate of humanity with press of a single button; plus myriad other questions I never was even allowed to ask during her surprise, hostile 'therapy' attack.

Consequently is it any surprise why Vets, not being treated for “SHELL SHOCK!” or the PC-sissy language of PTSD, resort to suicide ending their insanity. With sadistic, untrained, loose cannons like Ms. PhD. torturing us, VA intentionally kills more Vets with its ‘suicide treatments and preventives’ than it will ever help. For VA, Vet suicide is a moneymaker that pays very well. Fortunately, I had non-compliantly stopped all mental drugs months before this interview.

100 US veteran’s SUCCESSFULLY suicide daily because of VA mistreatment & abandonment by MHC providers just like this **board certified** psychologist. She could not recognize signs of suicidal patient, PTSD, chronic depression, anxiety and more standard *red flag warnings* of a pending suicidal and troubled patient that she took advantage of to make them worse!! VA lies playing bingo number games of 18, 20, and 22 vet suicides a day by entirely omitting 3 states from those figures: Texas, California & Florida. They have highest suicide rates in the whole nation. More incriminating figures doctored or removed are suicides mislabeled as accidents, drug and alcohol deaths, homelessness, self-abuse and neglect, abandonment, and more to cover up true counts of a US shame that has been going on since WW1. *Whether on the installment or single payment plan, suicide is suicide, and a shameful national epidemic that American healthcare institutions own in toto!* What! The claimed greatest nation in the world has a suicide problem, hide it so our phony facade ‘white hat and gold star’ reputation is not dirtied and tarnished in the eyes of our imagined, admiring peers.

I was highly dazed, confused, and strung out upon leaving the clinic for home. Suicide, end the pain; suicide, end the pain; suicide, end the pain - constantly barked in my head with each 16’ Dia solid concrete, steel reinforced bridge column that I passed on the freeway. Hitting it at 100+ MPH without a seat belt should do it echoed my thoughts. Just like the way a fellow veteran suicided. I moved over into an outer lane, unbuckled the seat belt and sped up, 70, 80, 90+...mph. Each time a clear shot came a large truck moved up to block it. I slowed until the next one approached. Again, another damned truck got in the way... Finally sanity set in and I calmed down enough to safely get home. If I had been on drugs that would’ve been the end of it. That is when the thread holding one together snaps and suicidal ideation becomes suicide attempt. It has been over a year now and I still cannot shake that VA clinic terror session. VA caused veteran suicide epidemic is made of this.

That clinic visit sent me to bed for months in a brown-airy-depression trying to stay out of a black-suicidal despondency. Those are much different from ‘brown airies.’ The black depressions are the stuff of suicide. Then is when the thread holding me together snaps... Essentially, VA lied, betrayed, denied, defrauded, and



coerced me into a toxic, hostile, forced-*therapy*, MHC visit to create another murder by suicide except it would've been just another auto accident in another of its 'perfect crimes.' All because I vociferously protested that their whole MH-careless program is a duck pond of Quack and snake oil, tent revival, faith healer, fraud. Folks, **this is the face of VA retaliation for speaking out standing your ground against Socialist tyranny!** German Nazi's were not defeated in WW2. They immigrated to US and set up shop at VA and BIA. In that evil environment, I was under extreme, mental, combative duress, which was more like a Gestapo 'holy inquisition' or a Communist Chinese or Russian 'Organ' gulag or concentration camp interrogation than Q&A therapeutic healing. ***Another, I cannot believe that these people are doing this to me!*** The same disbelief my Jewish ancestors exclaimed under Dr. death, Mengele's human animal experiments on them in Nazi death camps. VA performs those same experiments on Veteran human lab monkeys, pushing them from suicidal ideation over the edge into an 'induced,' impulsive-self-inflicted death: I have had it 'BANG!' My problem is forever resolved. Then VA literally gets hundreds of millions of taxpayer dollars from Washington DC in suicide prevention & treatment funding?! What in hells name gives that agency reason to stop a moneymaker like that! ***Adding insult to injury, VA billed my health insurance \$111.95 for that creative suffering?! Foolishly providing a third party record of that visit.*** Nazi's are not too smart, which is why they are Nazi's. Adding salt to that benefits maintains I have no problems at all. ***When inaction, hand wringing and talking ends - suicide answers the question permanently for the vet. VA's problem only begins with another multimillion wrongful death lawsuit, however.*** The agency does not care it is only taxpayer resources not theirs. Aforewritten recent experience is what happens during a VA clinic backroom treatment and MHC wards that nobody but they know about. Dead vets do not talk. VA employee disrespect of Veterans especially behind closed doors is rampant. **They treat us like dogshit under a doormat.** Most of us take it for a while until the many disrespectful moments add up into an explosive outburst for which the Vet is blamed and punished. No one looks at what VA staff and bureaucracy purposely does provoking and intimidating a sick, drugged, troubled patient into riot, outrage and suicide. Furthermore, if I TKO Ms. PhD and the 'pact 2 nurses' are their scapegoats.

MORON VA-TV NEWS ALERT!  
VA, PR, DENIESE DUMB-BUTT  
ANNOUNCES THAT,  
'WE HAVE FOUND VA  
STAFF NURSE MAY'S  
REPLACEMENT FOR  
CLARKSBURG W. VIRGINIA  
VAMC HOSPITAL VACANCY.  
SHE BEGINS GRAVE YARD  
SHIFT IMMEDIATELY!  
VA VET MURDERS  
MUST GO ON...'



VA STAFF  
NURSE  
GRAVEYARD